SafeCare BC

Health and Safety Matters

October 27, 2026

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Upcoming events

WORKSHOP - Occupational Health and Safety Committee: Part 2 - Beyond the Basics

WORKSHOP - Provincial Violence Prevention Curriculum

WEBINAR - Hiding in plain sight: How a wider “Field of View” can improve safety and reduce costs

WEBINAR - Capacity to execute: The resource behind sustainable performance

Follow us on social media

Digital Hearts and Hands begins tomorrow

Starting **October 28**, healthcare workers across the province can enjoy three days of interactive learning, connection, and self-care experiences, with new activities revealed each day.

Every completed activity earns points on the leaderboard. The more you participate, the more points you earn and the more chances you have to win one of 20 $25 gift cards.

Join from your phone, tablet, or computer. Register today and get ready to discover something new each day.

Register ›

Still need your eight hours of annual safety committee education?

Join us on Tuesday, November 3, at our training centre in Burnaby for Occupational Health and Safety Committee: Part 2 Beyond the Basics—**our last in-person workshop of the year.**

This advanced course is for safety committee members who've completed the mandatory 8-hour Part 1 training. Participants will build practical skills to

strengthen their committees.

The workshop starts at just $35 for SafeCare BC members. Lunch is included.

Register today to secure your spot.

Register ›

A safe place to talk about unsafe experiences

"I was sent here.” It’s something SafeCare BC master facilitator Steve Rookyard sometimes hears at the start of a training day. For him, it’s an invitation to find out what would make the day useful.

His approach to violence prevention and safe handling training makes room for the challenges care workers face every day. By creating a welcoming space for questions, discussion and practice, he helps participants learn from one another and build skills they can draw on when difficult situations arise.

The impact can last well beyond the classroom. One worker who recognized Steve a year after training told him they would not have known what to do without it.

Meet Steve ›

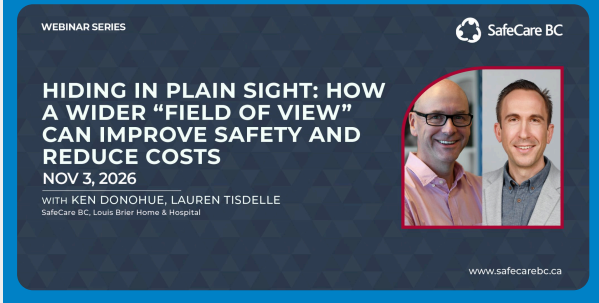
Explore what mattering means in the workplace

In case you missed it, our recent webinar, *Mattering at work: From understanding to everyday action*, is now available on demand.

Our workplace psychological health and safety specialist, Sheila Fauman, explores what mattering means in the workplace, why it is particularly important in work centred on caring for others, and how it can influence employee wellbeing, connection, burnout, and retention.

Watch ›

Upcoming webinars



Hiding in plain sight

November 3 at 11 a.m.

This session introduces the Safety Spectrum model, helping to expand the

Road Safety At Work

Practical BC winter driving tips - Road Safety at Work

December 3 at 11 a.m.

understanding leaders have of the human and system conditions that shape safety long before harm occurs.

You'll see how two innovative solutions increase your visibility to support earlier intervention, better decision-making, and safer workplaces.

Register ›

Winter driving requires more planning, equipment, and patience. Changing weather, colder temperatures, and less daylight all make driving at this time of year more dangerous.

Creating a winter driving plan before the bad weather arrives will help reduce risk for drivers.

Register ›

Respirator regulation changes take effect on November 6

WORK SAFE BC

Amendments to Part 8 of the Occupational Health and Safety Regulation take effect on November 6, clarifying requirements for tight-fitting respirators, including N95s.

The core safety requirements remain unchanged: nothing may interfere with the respirator's seal or proper functioning. This includes facial hair, stubble, eyewear, clothing, or jewellery that affects the seal or operation.

Now is a good time to review your respiratory protection program and remind workers to perform a user seal check every time they put on a respirator.

Workers must be fit tested:

- Before using a tight-fitting N95 respirator for the first time.
- At least once a year.
- When changing to a different respirator brand, model, or size.
- When physical changes, such as dental work or significant weight changes, could affect the fit.

Our resources can help:

- Respiratory protection program and policy templates to support your workplace procedures.
- Qualitative Fit Tester Training for staff who conduct N95 fit testing within your organization.
- Respiratory protection resources for additional information and tools.

Have questions about the amendments or need help reviewing your program? Connect with our consultative services for practical, one-on-one support.

Read WorkSafeBC's update ›

We strive to empower those working in the continuing care sector to create safer, healthier workplaces by fostering a culture of safety through evidence-based education, leadership, and collaboration.

LEARNING AND EDUCATION SUPPORTED BY

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1424-4710 Kingsway, V5H 4M2, Burnaby

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