

Health and Safety Matters

October 6, 2026



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Upcoming events

WORKSHOP - Occupational Health and Safety Committee: Part 2 - Beyond the Basics

WORKSHOP - Provincial Violence Prevention Curriculum

WEBINAR - Mattering at work: From understanding to everyday action

WEBINAR - Civility under pressure

WEBINAR - Capacity to execute

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Do a winter safety check before your shift or trip

Check the conditions, use a safe route, and know how to report a hazard or delay.

Snow, ice, slush, water, poor lighting, cold, and changing road conditions can affect how safely work gets done. Before a shift, home visit, or work-related trip, check the weather and route, wear clothing and footwear that suit the conditions, allow more time, and avoid rushing.

If a walkway, entrance, vehicle, or route is unsafe, report the concern and follow your organization's procedure. You should not have to manage the hazard alone.

[Read our winter safety guidance >](#)

What shapes an employee's decision to stay?

WEBINAR SERIES

**WHY STAFF STAY:
RETHINKING RETENTION
IN LONG-TERM CARE**
OCT 8, 2026

WITH JENNIFER BAUMBUSCH
Professor, University of British Columbia



SafeCare BC

www.safecarebc.ca

Staff retention continues to be one of the biggest challenges facing the care sector. While the pressures are especially visible in long-term care, many of the factors that influence whether people stay or leave are felt across care settings.

Join us on October 8 for a free webinar where we will explore what shapes an employee's decision to stay, from workplace culture and leadership to broader system pressures.

[Register for the webinar ›](#)

Driving for work? Make safety part of every trip



When your work takes you between clients' homes or care locations, road safety is part of workplace safety.

Our **Safe driving for work checklist** helps you and your team manage driving-related risks before, during, and after each trip. It covers checking your vehicle and readiness to drive, managing fatigue and distractions, and reporting hazards or concerns to your supervisor.

[Download the checklist ›](#)

Get the most out of your safety committee's annual training



Joint occupational health and safety committee members are entitled to eight hours of education leave each year to attend training. Have your committee members used theirs yet?

For training that is relevant to your workplace, register for our **Occupational Health and Safety Committee: Part 2 - Beyond the Basics** workshop in Burnaby on November 3.

This course helps committee members bridge the gap between foundational knowledge and real-world application, empowering them to take a more active and confident role in their organization's health and safety practices.

The topics covered include:

- Hazard identification, risk assessment, and controls
- Inspections
- Investigations

Pricing starts at \$35 per participant for SafeCare BC members. Lunch is included. **The deadline to register is October 20.**

[Register for the workshop ›](#)

**Celebrate your healthcare assistants at
Hearts and Hands**



With Health Care Assistant Day coming up later this month, one of the best ways to celebrate your staff is with a ticket to the Hearts and Hands conference.

Taking place on **October 21 in Langley** and **October 23 in Victoria**, the event is not just a professional development opportunity, but an investment in the employee experience.

For \$60 per person, participants get a full day of education and inspiration, plus breakfast and lunch.

As one past participant shared: *“I’m deeply grateful to my workplace for sending me. The speakers were inspiring, the energy was comforting, and the atmosphere was filled with kindness and understanding.”*

Only a few tickets remain. Invest in your team’s development and help them feel recognized for the work they do every day.

[Get tickets for Langley ›](#)

[Get tickets for Victoria ›](#)



We strive to empower those working in the continuing care sector to create safer, healthier workplaces by fostering a culture of safety through evidence-based education, leadership, and collaboration.

LEARNING AND EDUCATION SUPPORTED BY



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