

Leaders Corner

May 12, 2026



In this edition

- 👉 Help your team take part in PHS Days
- 👉 Highlight the impact your support services staff has on health and safety
- 👉 Meet the Safety Dragons
- 👉 Empower your staff to become safe handling peer coaches
- 👉 Northbridge Insurance supports innovation in health and safety

Upcoming events

- WEBINAR** - Before you speak: Communicate with intention
- WORKSHOP** - Safe Handling Peer Coach Training (Two-day Workshop)
- WORKSHOP** - Mental Health First Aid Certification (Virtual)
- WORKSHOP** - Mental Health First Aid Essentials
- WEBINAR** - Leading through uncertainty

Follow us on social media



Help your team take part in Psychological Health and Safety Days

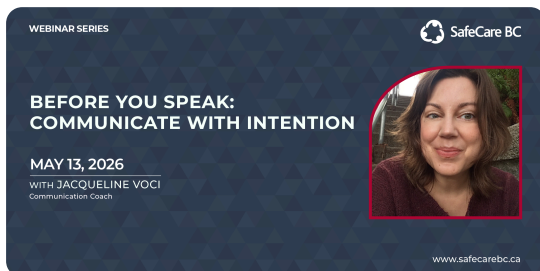
Psychological Health and Safety Days (PHS Days) starts tomorrow and runs from May 13 to May 20. This **free virtual event** is a great opportunity to bring your team together to spark reflection, build skills, and strengthen psychological health and safety in your organization.

The theme of the event is **Words Matter**: How we communicate with each other, the tone we use, the way we give feedback or ask for help—all of it shapes how safe and supported people feel at work.

Activities include a scavenger hunt, a Jeopardy game, a webinar, and some safety huddles. Submitting photos of your team's participation will enter you in a draw for a chance to win some great prizes.

[Participate >](#)

Register for tomorrow's webinar

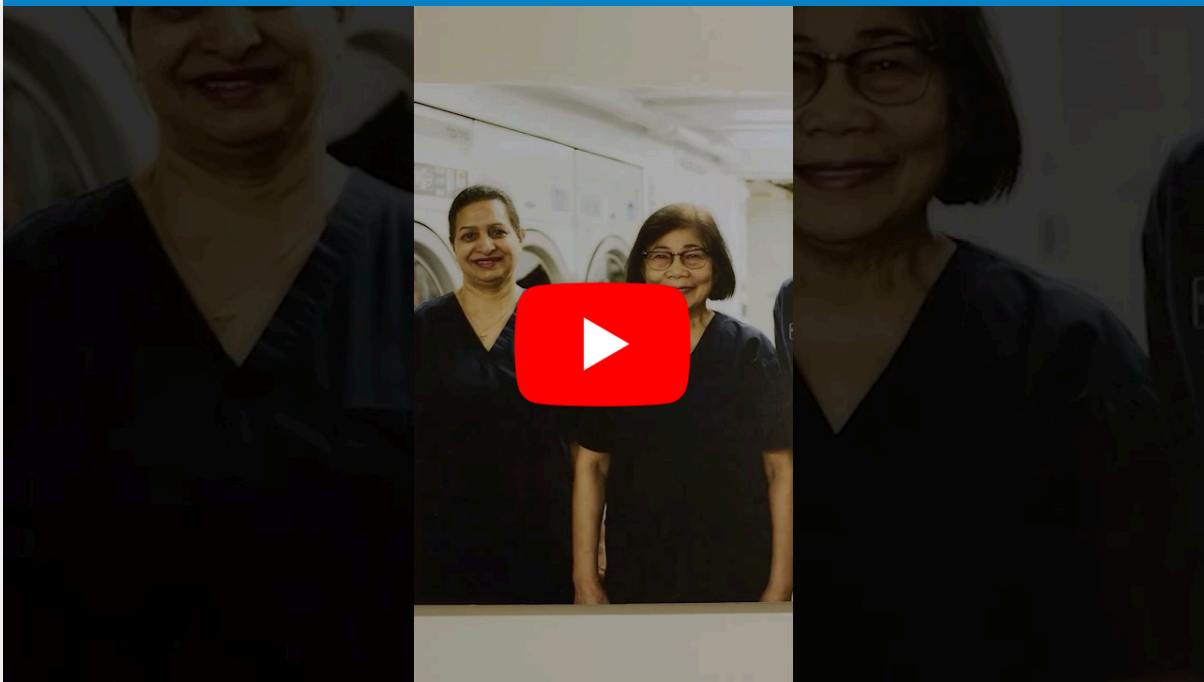


Before you speak: Communicate with intention

This webinar will help you build awareness, refine your communication skills, and walk away with a concrete technique for moments when communication feels difficult.

[Register >](#)

Highlight the impact your support services staff has on health and safety



From physiotherapists supporting residents' mobility and strength to maintenance workers keeping spaces safe and functional, support services staff play an essential role in keeping your organization running safely each day.

On June 18, we're recognizing these contributions by hosting the fifth annual Support Services Appreciation Day—and we want you to be a part of it. It's easy to participate. Think of a member of your support services team who has gone above and beyond to support workplace health and safety. Fill out our [online form](#) to send a picture, a video, or a story about them.

We'll share your submissions in a future issue.

[Submit today ›](#)

Meet the Safety Dragons

These dragons may not breathe fire, but they do know a thing or two about workplace health and safety. Meet our panel of judges for SafeCare BC's Safety Den event sponsored by Northbridge Insurance.



Michele Thomson, Vice-President, Operations, Buron Healthcare

"I've enjoyed being a Safety Den Dragon for SafeCare BC, especially watching it grow over the years into something that truly reflects the passion, creativity and innovation in this sector. Each year, it is inspiring to see ideas that make

work safer and better for frontline teams while improving the quality of life for seniors. Being a part of something that includes so much humor and fun and that brings people together to challenge the status quo and turn good ideas into real impact is something I genuinely value."



Sarah Dawson, Senior Risk Services Consultant, Northbridge Insurance

"As a first-time Safety Dragon, I'm looking forward to connecting with others who share a passion for improving safety in care environments. Drawing on my nursing and risk services experience, I value the chance to listen, learn, and support thoughtful ideas that can make care safer, strengthen everyday practices, and positively impact both care providers and the people they serve."



Aly Devji, CEO, Langley Lodge

"They keep asking me to come back, so I must be doing something right. The Safety Den is a highlight of the BC Care conference, and one I enjoy being a part of. I still experience trauma from being put into a sling and wheeled around the stage a few years ago. I love the ideas that are presented each year and look for ideas that are easy to implement and have good return on investment."

Attending the BC Care Providers Association's annual conference? Be sure to join us on May 25 at 3 p.m. for Safety Den.

Empower your staff to become safe handling peer coaches



Safe Handling Peer Coach Training
July 15 - 16
Nanaimo

Member price: \$100

Musculoskeletal injuries are the leading type of injury in healthcare. You can help keep your staff and residents safe by training them to become a safe handling peer coach.

Our **Safe Handling Train-the-Trainer** is a two-day workshop that will give participants the tools and knowledge to successfully teach others on safe handling and musculoskeletal injury prevention.

The benefits to your workplace include:

- In-house training without the cost of external trainers.
- Timely access to training that fits your organization's schedule.
- Empowering opportunities for your staff to develop new skills.
- The ability to build a robust training program for new and current employees.
- Flexibility to tailor training to short sessions or on-the-spot instruction.

[Register now >](#)

**Northbridge Insurance supports
innovation in health and safety**



On May 25, at the BC Care Providers annual conference in Whistler, six finalists will try to win over the Dragons at SafeCare BC's tenth annual Safety Den. Blending education and entertainment, this Dragon's Den-inspired show is a highlight of the conference.

We are pleased that [Northbridge Insurance](#) is partnering with us to support the Safety Den. They provide more than just insurance solutions. With their in-depth industry knowledge, organizations benefit from Northbridge's risk management expertise, which includes education, risk assessments and training solutions.

An example of the value add that Northbridge brings is the release of their white paper, offering an in-depth exploration of the shifting risks facing long-term care homes, retirement residences, and assisted living communities across Canada.

With long-term care capacity projected to almost double over the next decade to meet growing demand, senior care, assisted living, and long-term care providers are navigating an increasingly challenging risk environment.

From ensuring resident safety, addressing staffing pressures, to managing cyber threats, operators must protect both vulnerable residents and the stability of their facilities.

[Download the white paper about risks and coverages for senior living homes and residences here.](#)



We strive to empower those working in the continuing care sector to create safer, healthier workplaces by fostering a culture of safety through evidence-based education, leadership, and collaboration.

LEARNING AND EDUCATION SUPPORTED BY



SafeCare BC

1424-4710 Kingsway, V5H 4M2, Burnaby

This email was sent to {{ contact.EMAIL }}

You've received it because you've subscribed to our newsletter.

[Unsubscribe](#)

