COMMUNITY HEALTH SUPPORT INJURY TRENDS | 2024

THE INJURY RATE IN

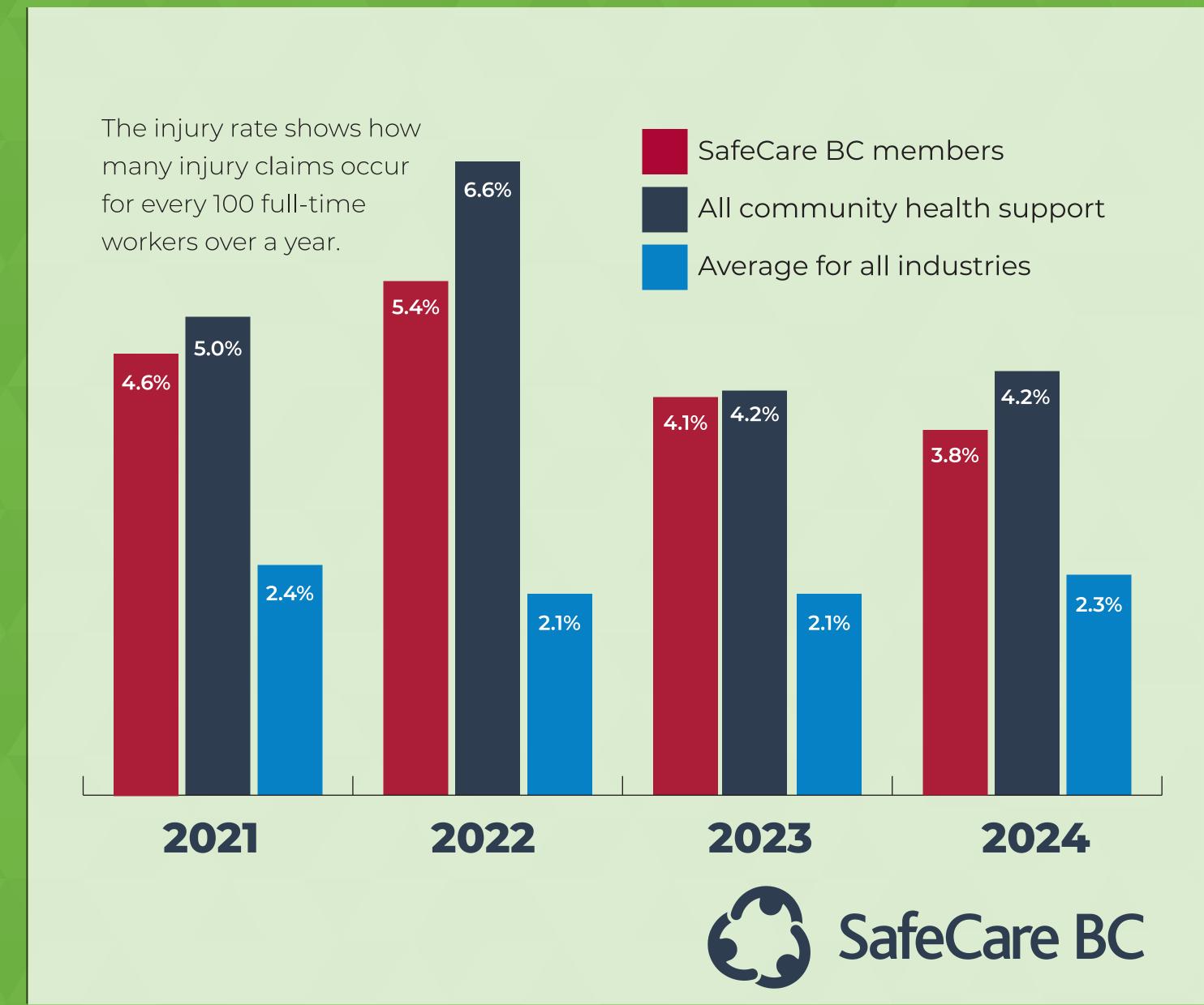
COMMUNITY HEALTH SUPPORT

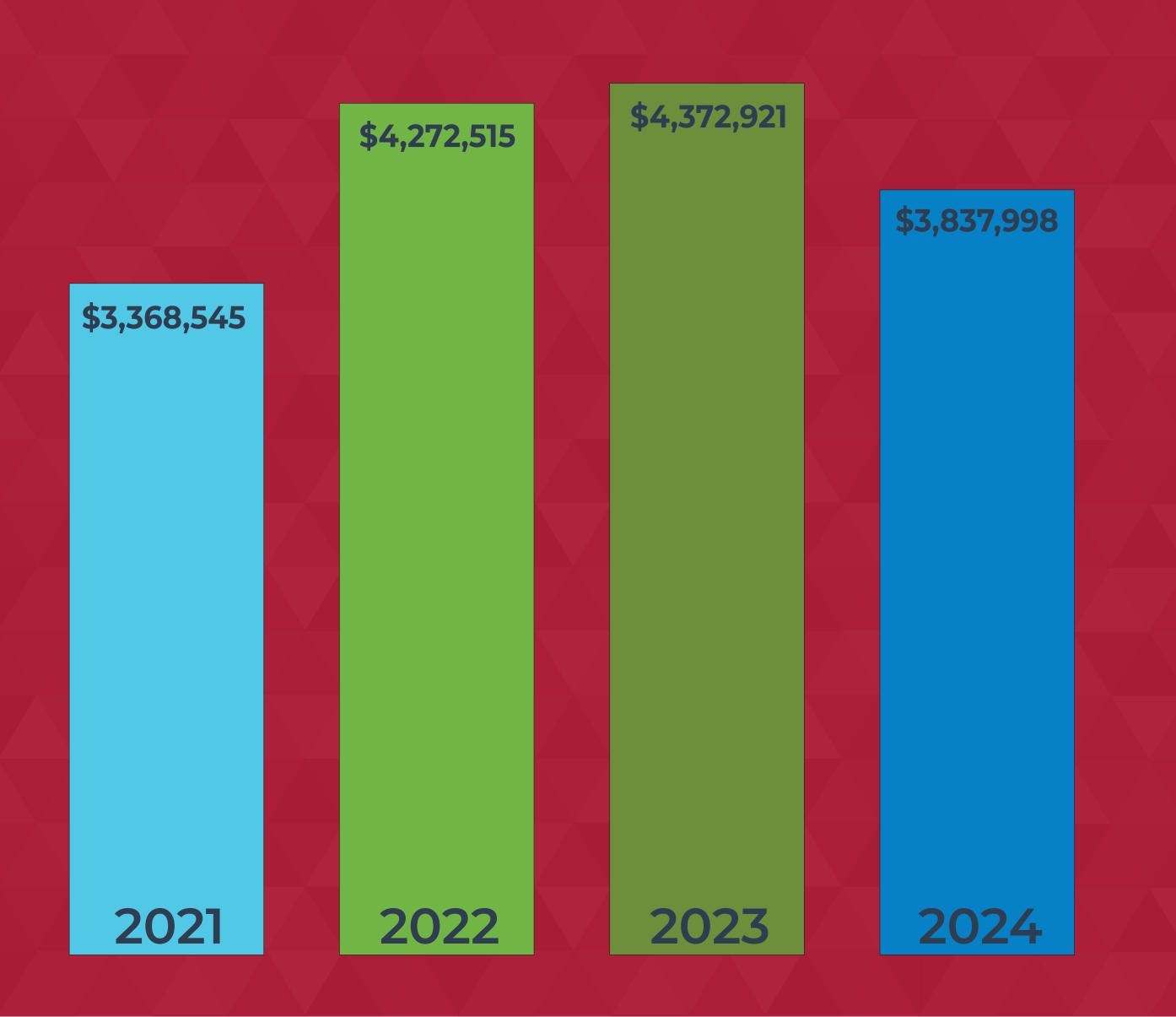
IS 2.3 TIMES HIGHER THAN THE

AVERAGE FOR ALL SECTORS IN

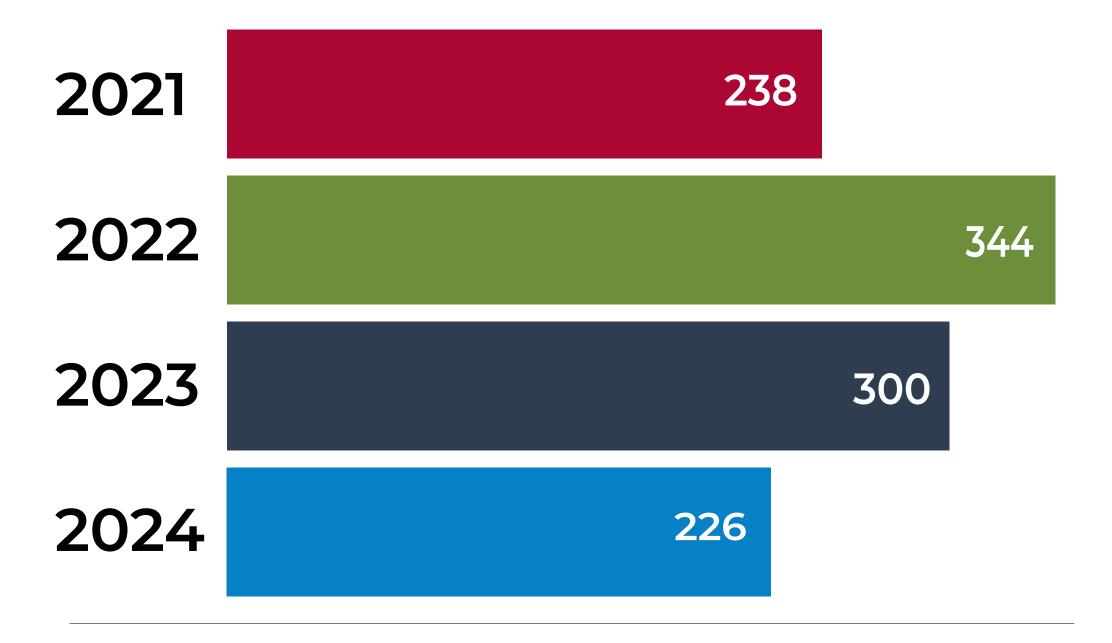
BRITISH COLUMBIA.







TOTAL # CLAIMS

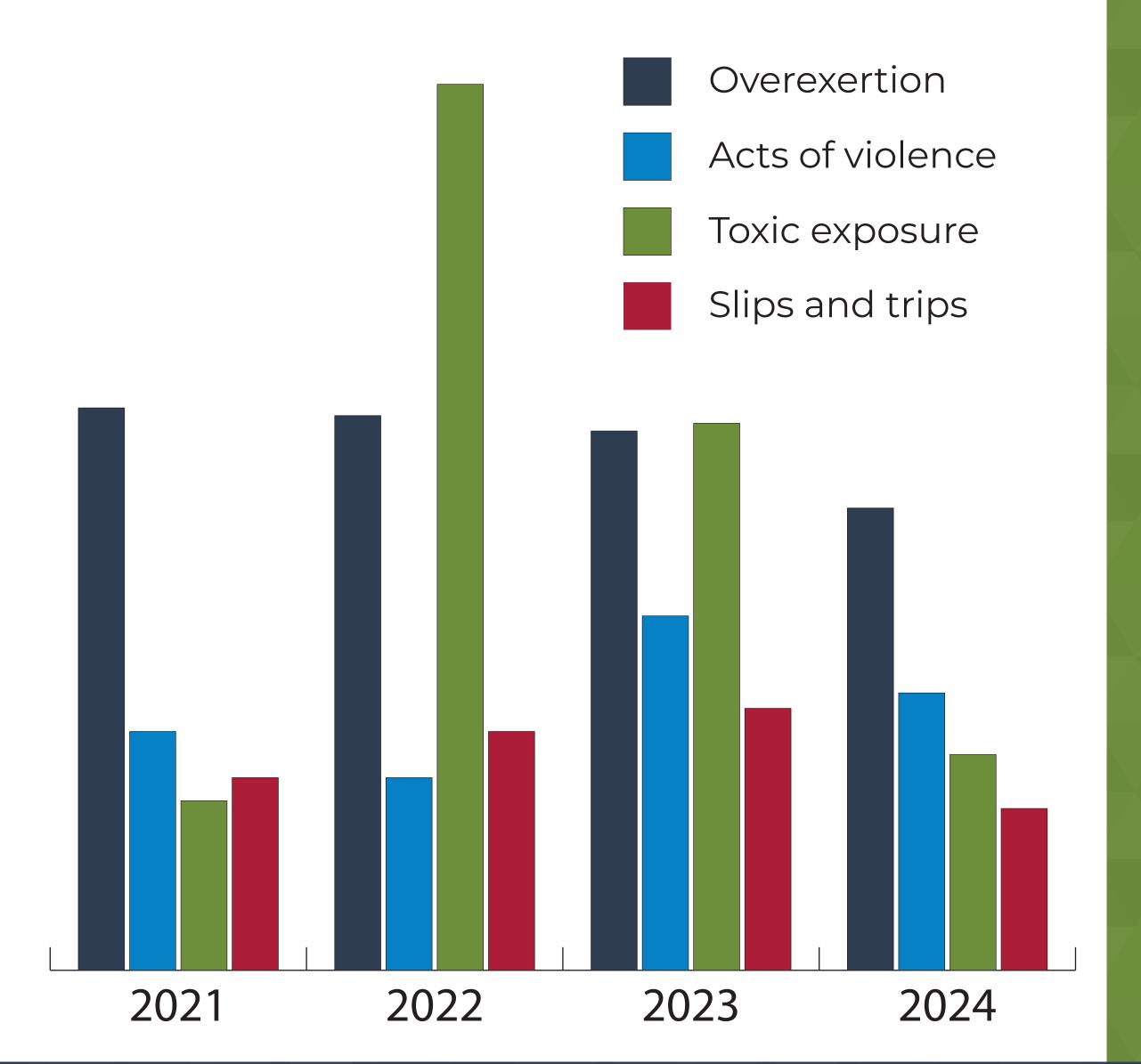


10,821 WORK DAYS LOST TO INJURY IN 2024

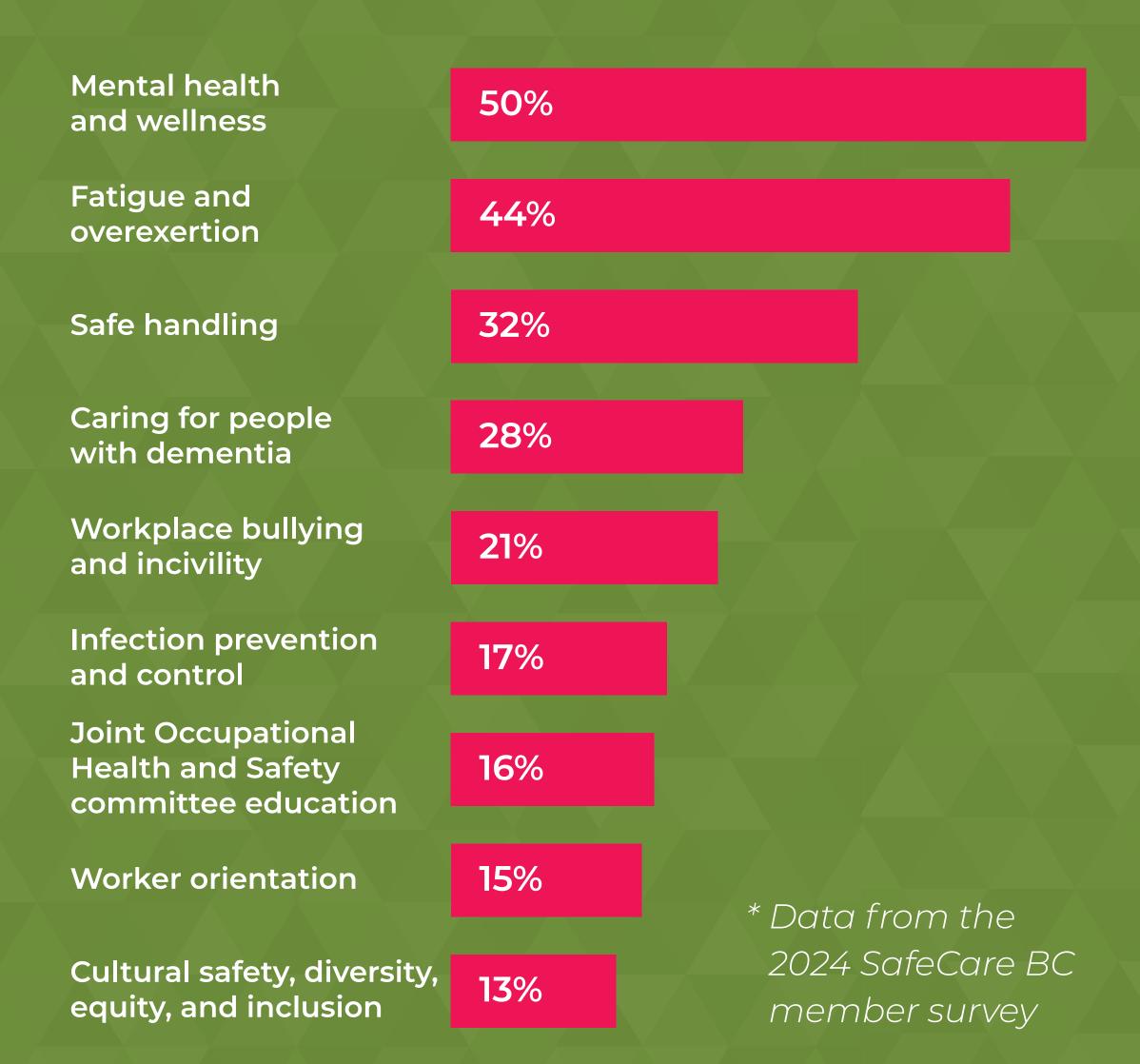


=43 FULL-TIME EMPLOYEES

TOP INJURIES RESULTING IN LOST WORK DAYS



TOP SAFETY CONCERNS





OVEREXERTION

PREVENTION

28% of injury claims in 2024



- Lifting or lowering
- Repetitive motion
- Pulling
- Pushing
- Holding
- Carrying
- Throwing
- Repetitive use of tools or instruments

- Before manual handling, assess the task
- Avoid bending, reaching, and twisting when lifting
- Take frequent short breaks and stretch
- Follow leading practices for safe handling
- Get help with heavy loads
- · Hold regular training on safe resident handling

ACTS OF VIOLENCE

17% of injury claims
2024

Acts of violence are the second leading cause of workplace injury for community health support workers in BC, at 17% of all injuries in 2024.

Violence in the workplace includes:

- Direct physical assault
- Written or verbal threats
- Physical or verbal harassment

PREVENT VIOLENCE IN COMMUNITY HEALTH SUPPORT

- Have a workplace violence prevention program that includes a risk assessment and controls, reporting and investigation
- Review and update your violence prevention policy
- Register your team in violence prevention education





TOXIC EXPOSURE

Exposure to a toxic substance - including biological, chemical, or physical agents.

PREVENTION

Assess the risk for toxic exposure

Develop and follow an exposure control plan

• Reduce the risk by encouraging appropriate infection prevention and control practices, including proper hand washing and performing proper cough etiquette



Prevent falls

- Mark spills or wet areas, and clean up spills immediately
- Remove obstacles from walkways and keep free from clutter
- Secure mats, rugs, and carpets and cover any cables that cross walkways
- Keep working areas and walkways well lit

The majority of workplace falls happen from slips and trips.





Walk you through the data in your employer health and safety planning toolkit



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