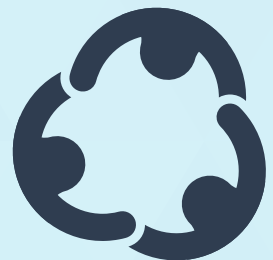
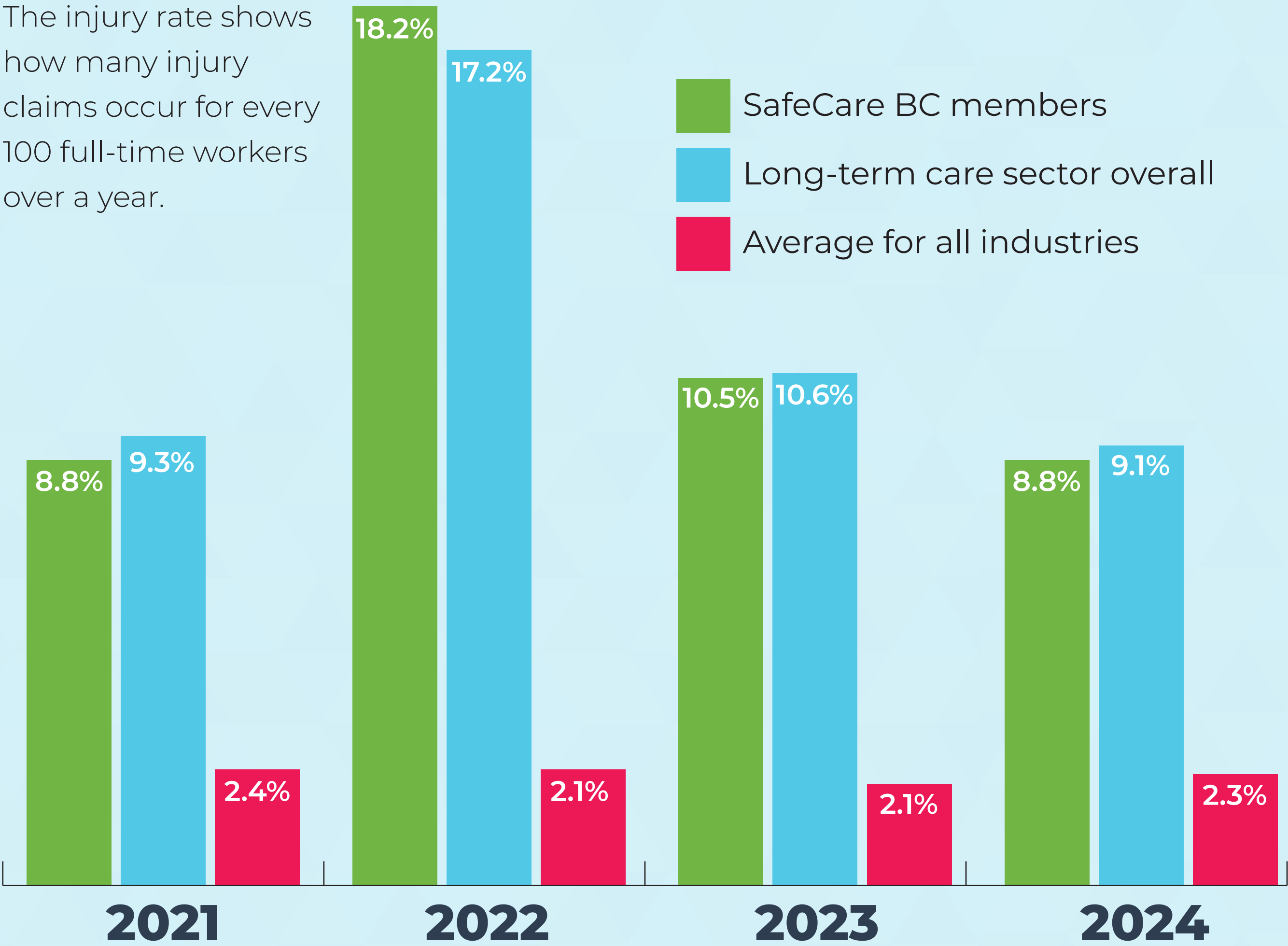


LONG-TERM CARE INJURY TRENDS | 2024

THE INJURY RATE IN
LONG-TERM CARE IS
4 TIMES HIGHER THAN THE
AVERAGE FOR ALL SECTORS
IN BRITISH COLUMBIA.

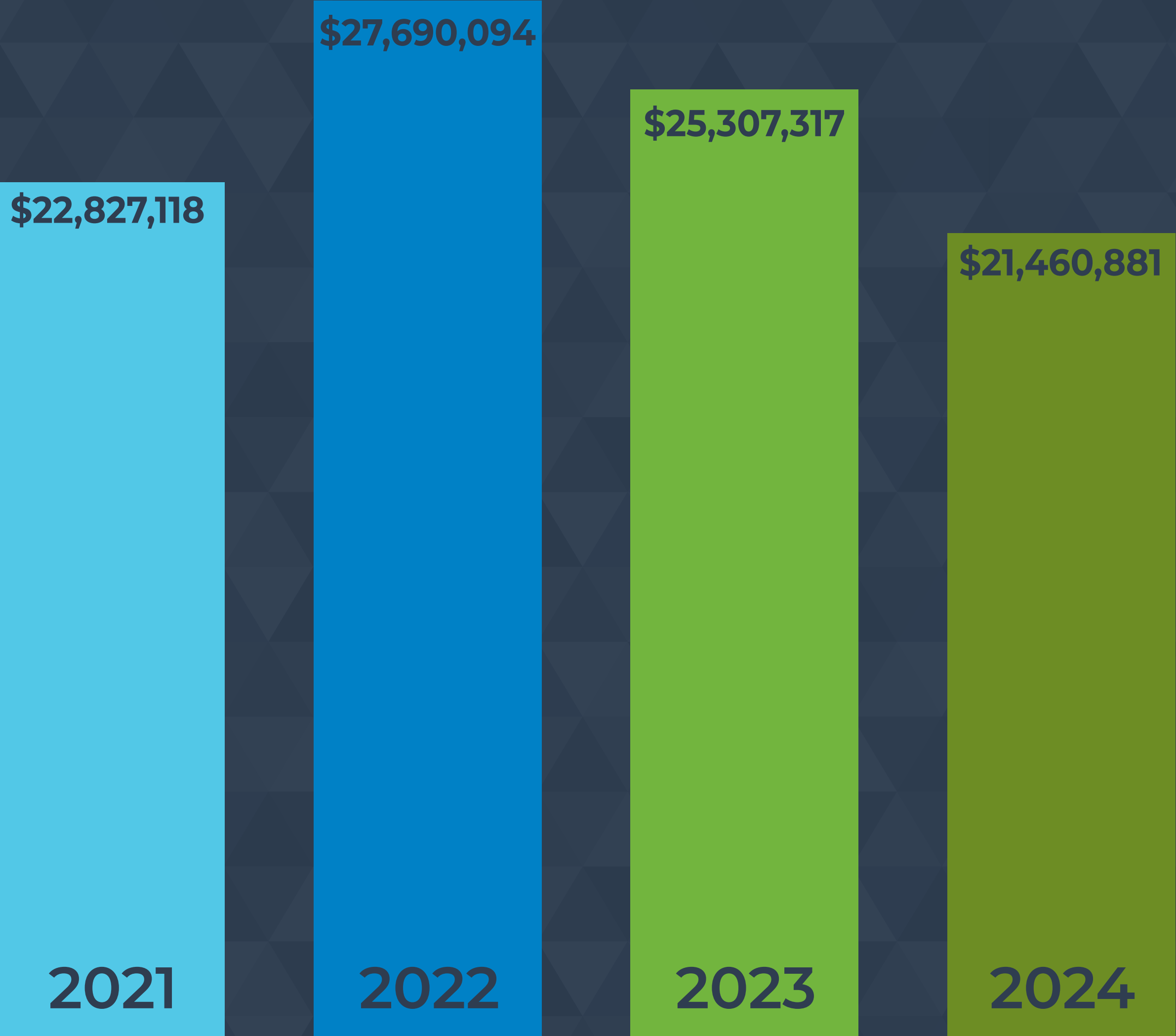


The injury rate shows how many injury claims occur for every 100 full-time workers over a year.

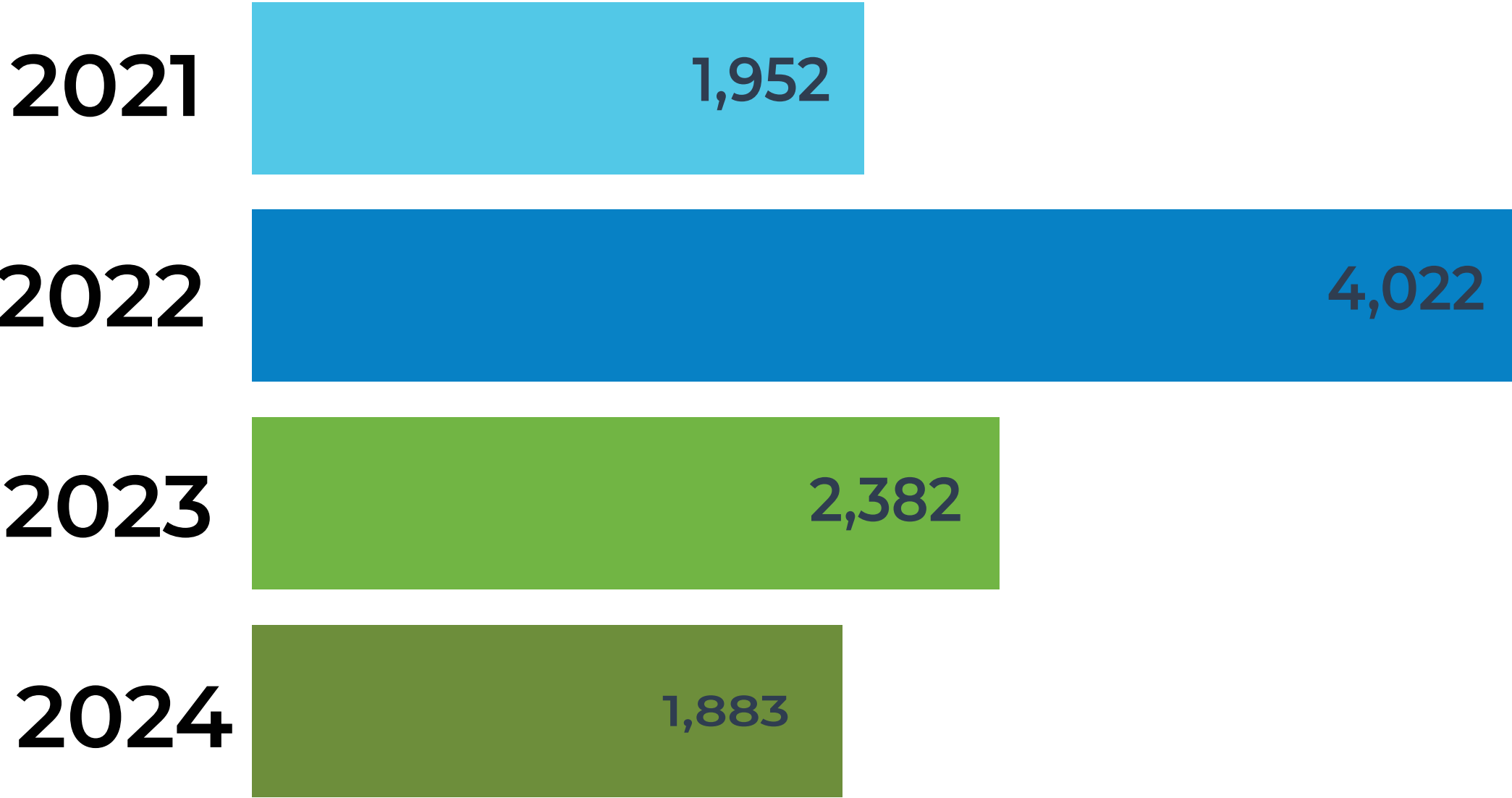


SafeCare BC

CLAIMS COSTS



TOTAL # CLAIMS

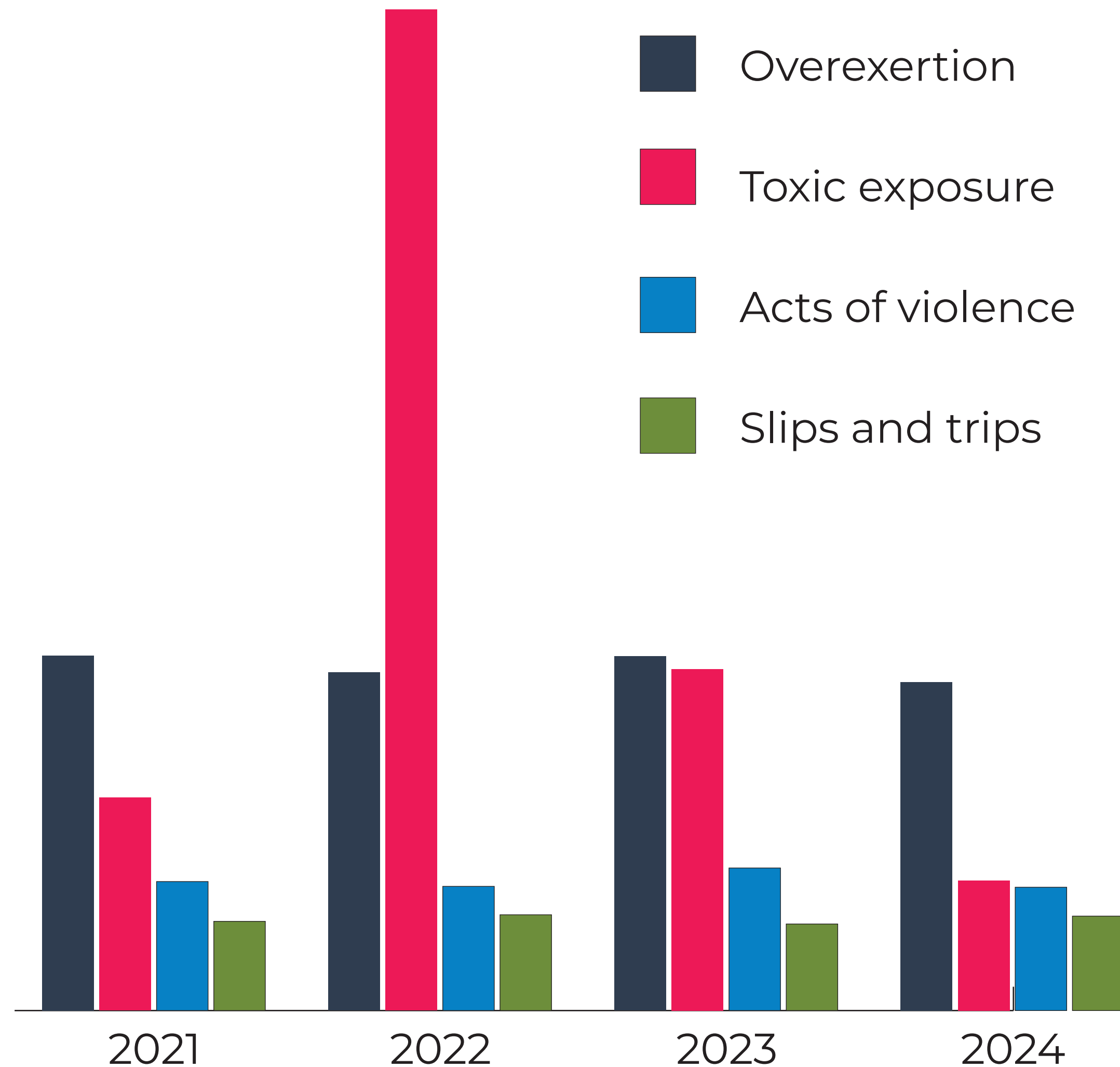


82,535 WORK DAYS LOST TO INJURY IN 2024

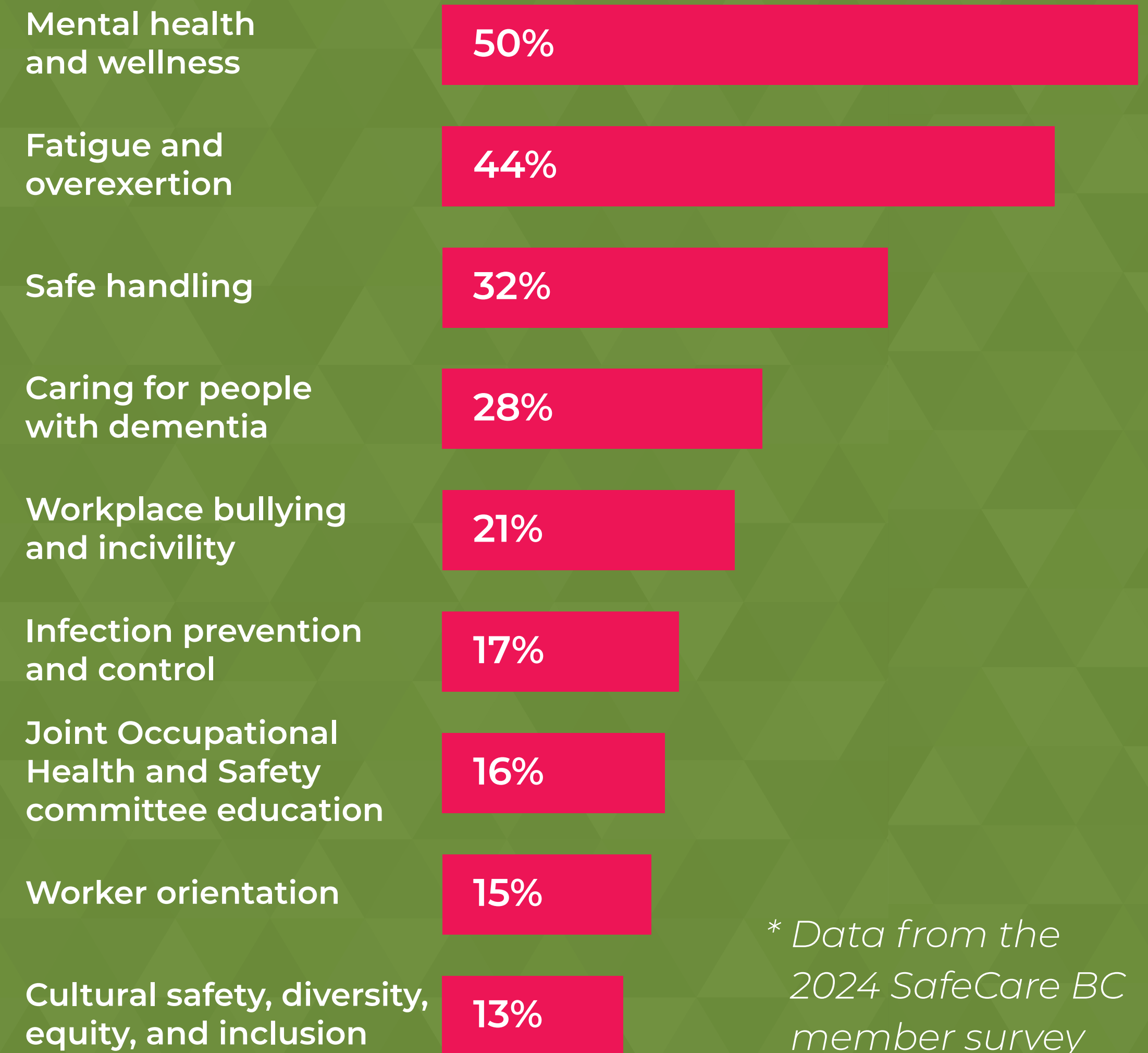


=329 FULL-TIME EMPLOYEES

TOP INJURIES RESULTING IN LOST WORK DAYS



TOP SAFETY CONCERNS



** Data from the 2024 SafeCare BC member survey*

OVEREXERTION

37% of injury claims in 2024

PREVENTION



- Lifting or lowering
- Repetitive motion
- Pulling
- Pushing
- Holding
- Carrying
- Throwing
- Repetitive use of tools or instruments

- Before manual handling, assess the task
- Avoid bending, reaching, and twisting when lifting
- Take frequent short breaks and stretch
- Follow leading practices for safe handling
- Get help with heavy loads
- Hold regular training on safe resident handling

TOXIC EXPOSURE

Exposure to a toxic substance - including biological, chemical, or physical agents.

PREVENTION

- Assess the risk for toxic exposure
- Develop and follow an exposure control plan
- Reduce the risk by encouraging appropriate infection prevention and control practices, including proper hand washing and performing proper cough etiquette



ACTS OF VIOLENCE

14% of
injury
claims

2024

Acts of violence are the **third leading cause** of workplace injury for long-term care workers in BC, representing **1,436** cases, or **11% of all injuries** over the past five years.

Violence in the workplace includes:

- Direct **physical assault**
- Written or **verbal threats**
- Physical or verbal **harassment**

PREVENT VIOLENCE IN LONG-TERM CARE

- Have a **workplace violence prevention program** that includes a risk assessment and controls, reporting and investigation
- **Review and update** your violence prevention policy
- Register your team in **violence prevention education**



SLIPS, TRIPS, AND FALLS

11% of injury claims in 2024

Prevent falls

- Mark spills or wet areas, and clean up spills immediately
- Remove obstacles from walkways and keep free from clutter
- Secure mats, rugs, and carpets and cover any cables that cross walkways
- Keep working areas and walkways well lit

The majority of workplace falls happen from slips and trips.



how we can help

- ✓ Walk you through the data in your **employer health and safety planning toolkit**
- ✓ Support you through our **Tailored Outreach Program**
- ✓ Offer you customized **one-on-one support** for health and safety challenges
- ✓ Provide you with **leading-edge** training, workshops, and webinars

info@safecarebc.ca

VISIT OUR WEBSITE



www.safecarebc.ca



Tools



Templates



Checklists



Guidebooks



Safety huddles



And more...



SafeCare BC

