## **Health and Safety Matters**



July 3, 2025



## **Upcoming events**

July 10 | WEBINAR The paradox of movement - What it means for care work today

July 17 | WORKSHOP Skills to engage and support people

August 6 | WORKSHOP Occupational health and safety committee: part 1

Register at safecarebc.ca/events



## Make risk assessment part of your routine

A point-of-care risk assessment is a quick, informal strategy can help you assess and address hazards in the workplace.

Consider these four areas:

- **Person in care:** What do you see and hear? Is the person ready for you?
- **Environment:** Is the environment safe? Do you have the space you need to complete your task?
- **Task:** Have you checked the care plan? Does the task need to be done now?
- Yourself: Are you settled? Can you do the task safely?

## Get free perks with your SafeCare BC membership

Being a SafeCare BC member has its perks—over 5,000 of them. We've partnered with Perkopolis to give you exclusive perks, including discounts on clothes, groceries, events, and travel!

The program is entirely free. If you need an account, we'll help you get started. Send an email zbutler@safecarebc.ca to get your registration information. Share this with your colleagues so they can also take advantage of these great offers.