

Being a Caregiver

Understanding Challenges Faced by Caregivers & Care Recipients

Technology and Tools



Developing Skills to CHOOSE BETTER Technologies & Tools



The Evolving Role of Technology in Dementia Care

Ron Beleno

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SafeCare BC





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Ron's Expectations

"Give a man a fish and you feed him for a day.

Teach him how to fish and you feed him for a lifetime"

Chinese philosopher Lao Tzu

- 1. Today it is about the HOW, and not specifically about the WHAT
- 2. Understanding Who is in our Audience:
 Caregivers, Healthcare Workers in Continuing
 Care... Long-Term Care Aides, Healthcare
 Assistants, Community Support Workers, Home
 Support Workers
- 3. Your Job Today: Find 3 Things to Take Away







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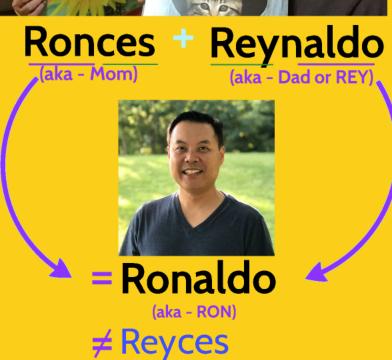








Lucky

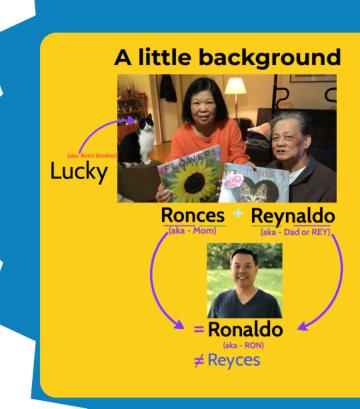




(aka: Ron's Brother)
LUCKY



Ronces + F











Age-Well Co-Chair on Older Adults and Caregivers Advisory Committee





Senior Advisory Panel Member with Centre for Aging + Brain Health **Innovation** at Baycrest Health Sciences







Mentor in Residence University of Toronto Faculty of Medicine















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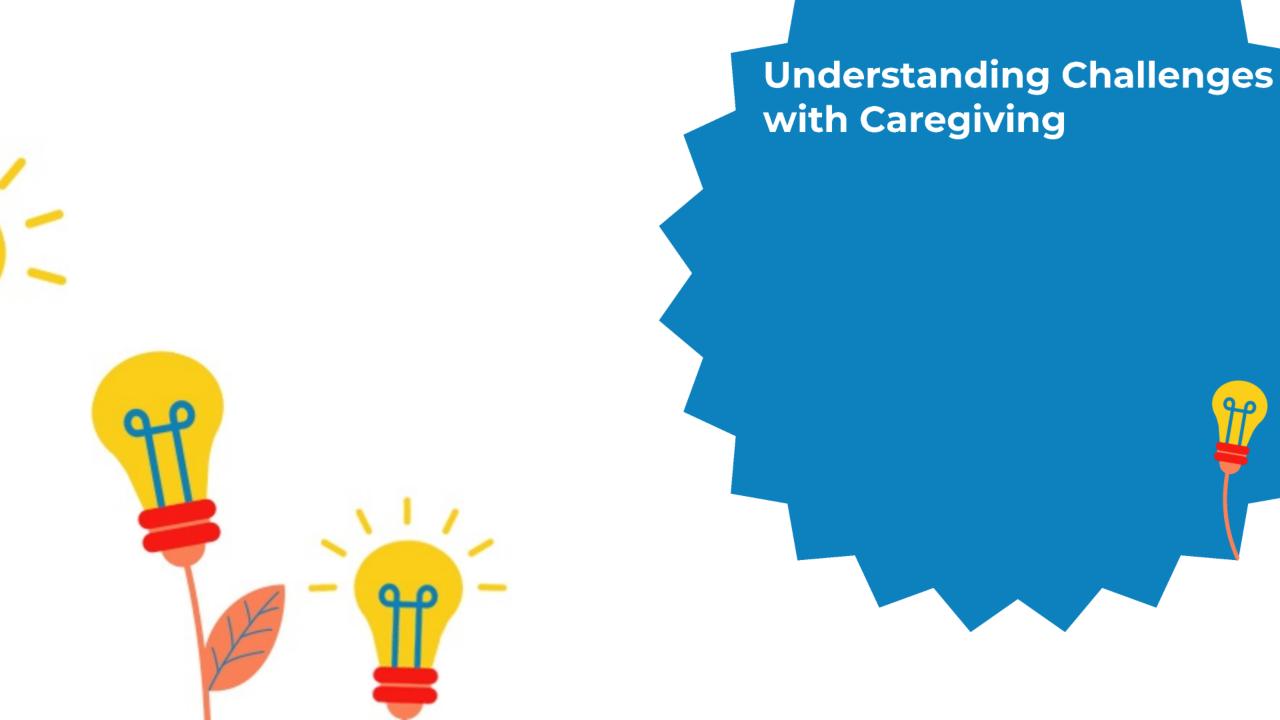
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Understanding Challenges with Caregiving



with Caregiving

Brief Summary - My Story, My Words

- · Dad diagnosed with Alzheimer's 2007
- · Challenges were gradual over the years
- Parent's apartment is 20 minutes away (Toronto)
- Dad passed away peacefully at home January 2018

CHALLENGES* over the years:

- Memory Loss (T)
- · Verbal Communication [T]
- · Mood and Behaviors (T)
- · Unfounded Suspicions
- Mobility / Falls (T)
- · Incontinence (T)
- · Confusion/ Disorientation (11)
- · Time and Place Concerns (-T)*
- · Walking and Wandering (T)
- Randomness of Safety Issues (1)
- · Diabetes (T)
- Hypertension (T)
- · Prostate Cancer
- Aphagia (swallowing and eating) (T)
- · Unintentional Abuse

(T) - A Technology or Tool was used





orientation 🕕 Concerns (-T)* andering 🕕 f Safety Issues (T)

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Some of the community members involved...

- Family Physician (T)
- Police / Paramedics (T)
 Cardiologist (T)
- Occupational Therapists (T)
 Chiropractor
- · CCAC / LHINs (T)
- · 2 Hospitals (T)
- Nurses (T)
- Psychiatrist (T)
- Day Program (T)

- Urologist (T)
- Personal Support Workers (T) · Endocronologist (T)

 - Researchers (T)
 - Alzheimer Society of Toronto (T)
 - Neighbours (T)
 - Local Retailers and Coffee Shops (T)
 - Family / Friends + Many others (T)



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Consider our Water Plumbing System



Consider our Water Plumbing System

Consider the **Internet** as a Plumbing System that delivers technology to support living a life with better care?



Consider our Water Plumbing System

Consider the **Internet** as a Plumbing System that delivers technology to support living a life with better care?

The Internet











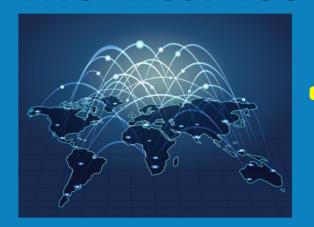
living a life with better care?



living a life with better care?



The Internet





The Internet





Examples of Caregiving Challenges that a Technology or Tool can support and make BETTER* include:

- Communication
- · Reminders (notes and photos)
- · Stimulation
- · Safety and Monitoring
- · Increase Physical Mobility
- · Increase Quality Time
 - + Many more
- * Risks with Technology Ethical/Human Rights
- · Privacy, "Bad People"
- · Learning Curve
- Maintenance

- Education
- Reducing FearSaving Money \$\$\$Provide RespiteSocial Isolation and
- Inclusion
- · Increase Quantity of Time
- · TRUST · \$ Cost
- Overwhelming
- · Could create new challenges

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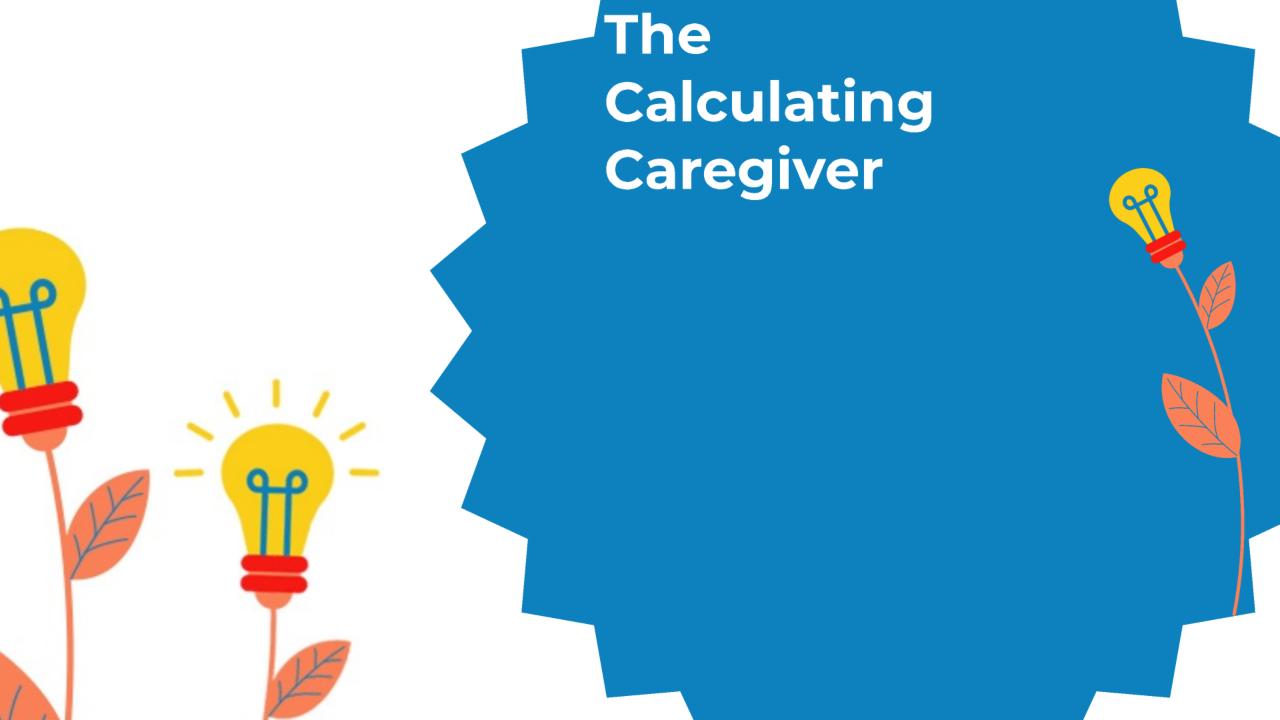
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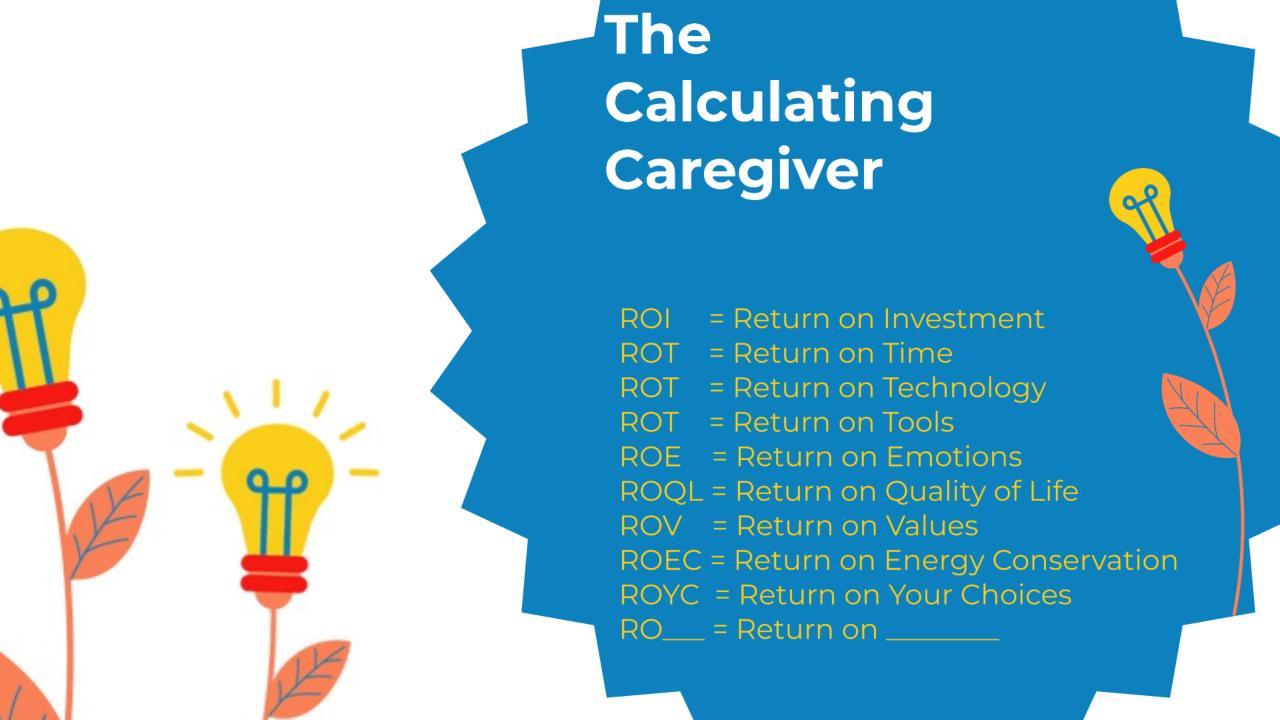
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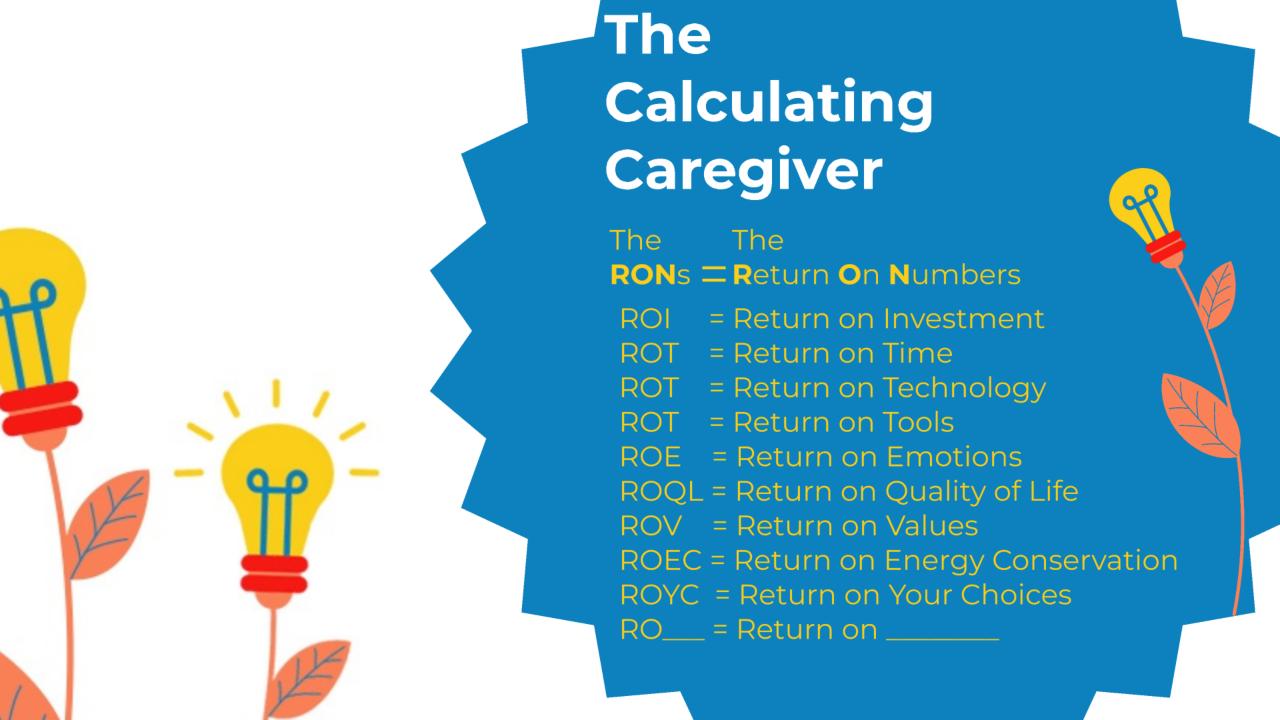
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