

Health and Safety Matters



February 6, 2025



Upcoming events

February 20 | WEBINAR -
Addressing Bullying and
Harassment in the Workplace

February 21 | WORKSHOP -
Provincial Violence Prevention
Curriculum

February 28 | WORKSHOP -
Gentle Persuasive Approaches

Register at safecarebc.ca/events

We all play a part in preventing bullying

Are you able to recognize bullying when you see it? Sure, we can all spot the obvious behaviours—verbal abuse, intimidation, and humiliation, but what about the more subtle actions? Excluding others and spreading rumours are acts that can be more difficult to pick up on.

No matter the form, the results are the same: emotional and psychological distress, decreased job satisfaction and even physical health consequences.

We're all responsible for creating safe and respectable workplaces. Use our resources to learn how you can play your part.

safecarebc.ca/bullying

How civil is your workplace?

Imagine you're reading the evening shift report and notice one of the scheduled baths did not get done in the morning. Your colleague grumbles, "The morning workers always leave the heavy work for us."

How do you respond?

Your first instinct may be to agree or even take a neutral stance. But what if the day shift was short-staffed and just couldn't get to it? Civility requires self-awareness and insight into how all of us show up in our workplace.

Our Civility Matters Toolkit includes scenarios like this to help you practice workplace civility.

safecarebc.ca/civilitymatters



Read the full issue