## Point of Care Assessment



- A point-of-care
  assessment is a
  series of questions
  to ask yourself about
  the person in care,
  environment, the task
  and you, as the
  care giver.
- This quick, informal check-in reminds you to observe both the person for signs of escalation and the environment for potential risk.
- Employers have a responsibility to support the use of a point of a care assessment by sharing it with staff, and providing instructions on what to do if risks are identified.

## **ENVIRONMENT PERSON IN CARE** IS THE AREA SAFE? WHAT DO I SEE AND HEAR? ARE THERE POTENTIAL IS THERE A VIOLENCE **WEAPONS? RISK ALERT?** DO I HAVE A SAFE EXIT? IS THERE A CHANGE IN **BEHAVIOUR? CAN I EASILY GET HELP?** IS THIS AN EMOTIONAL CRISIS OR **ASSESS** BEHAVIOURAL EMERGENCY? **ALL THE TASK YOURSELF** TIME ARE THERE CHANGES TO THE WHAT AM I SENSING? **BEHAVIOURAL CARE PLAN?** AM I SETTLED? **DOES THIS TASK NEED TO BE DONE RIGHT NOW? AM I WEARING ANYTHING THAT** COULD BE GRABBED? AM I FOCUSED?