

## Safe Handling During Showers

### Instructions

Read the scenario out loud and use the guiding questions to have a conversation about reducing the risks of musculoskeletal injuries while providing bathing care. If possible, hold this safety huddle in a relevant location (a bathroom or the shower/tub room) so you can review the hazards present in each environment.

### After this huddle

Staff should know how to:

- Regularly use point of care assessments to identify musculoskeletal injury risks.
- Make practical choices for how to avoid injury.



### Guiding questions

- In this scenario, what are the potential risks to be aware of before proceeding with the task?
- How could these risks be removed or minimized?
- Consider the room(s) you use to provide bathing care. What are the risks and what can be done to minimize them?

